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Thank you for your support!

On November 7, 2006 Ohio voters passed Issue 5, creating Ohio's smoking ban under a new chapter 3794 of the Ohio Revised Code (OCR). This new law requires public places and workplaces to be smoke free as of December 7, 2006. Ohio is now the 15th state to pass laws protecting its population from the harmful effects of SHS. The Cleveland Clean Indoor Air Partnership (CCIAP) was able to successfully create awareness to educate and recruit grassroots support and build relationships in the business, medical, legislative, media, faith, and civic communities. Remember there is still work to be done!

Passing a new law is just the beginning. The Cleveland Clean Indoor Air Partnership will continue to work with the City of Cleveland and the Cuyahoga County Board of Health to provide information to Cleveland and inner ring suburbs individuals, business owners, and hospitality workers on the new law.

We will continue to educate elected officials and provide materials that are culturally and linguistically accurate.

Three things businesses need to do:

- Prohibit indoor smoking.
- Remove ashtrays
- Post signs with a telephone number.

Chantix – A Smoking Cessation Treatment Drug

To know about smoking cessation and the latest aid for it, read on.

What is Smoking Cessation?

Smoking cessation is a nightmare for all smokers but a dire need to. Smokers need to go for smoking cessation if they want to improve their health. Many smokers try endlessly to quit smoking but are unable to do it. This is because of nicotine in cigarettes. Nicotine addiction is the culprit behind the habit of smoking.

Many aids are available for smoking cessation such as nicotine patches, nicotine gums and lozenges, and nicotine inhalers. All these are nicotine replacement therapies and aid in smoking cessation by providing nicotine to smokers and slowly weaning them from their habit. Recently, another drug called Zyban, which is a non-nicotine drug also got approval in the US, however, this drug causes seizures and hence is not used vastly.

About Chantix

Chantix is the latest aid for smoking cessation and works by attaching to nicotine receptors in the brain. The active ingredient in Chantix binds more strongly to the receptors than nicotine and hence even if a smoker smokes during the treatment, he gets no pleasure from smoking. Moreover, by attaching to the nicotine receptors, Chantix helps by relieving withdrawal symptoms and cravings that arise due to lack of nicotine.

Who can take Chantix?

Every adult smoker can take Chantix but only if his or her doctor prescribes it. Chantix is a prescription only drug and is not safe for everyone. Some people who cannot take Chantix are as follows:

- People below the age of 18 and above the age of 65
- Pregnant and lactating mothers
- People allergic to ingredients of Chantix
- People taking medicines for asthma, diabetes and other medications such as vitamins, herbal medicines, and blood thinners

Ingredients of Chantix

The active ingredient in Chantix is varenicline. This is the ingredient that acts like nicotine and attaches to nicotinic receptors in the brain. Varenicline is non-addictive in nature.

Other ingredients of Chantix are as follows:

Microcrystalline cellulose (NF), anhydrous dibasic calcium phosphate (USP), croscarmellose sodium (NF), colloidal

silicon dioxide (NF), magnesium stearate (NF), Opadry® White (for 0.5 mg), Opadry® Blue (for 1 mg), and Opadry® Clear (for both 0.5 mg and 1 mg)

Benefits of Chantix

There are many benefits of Chantix and people prefer it because of its benefits. Some of them are as follows:

- Chantix does not contain nicotine
- Smoker can quit smoking easily with Chantix, as it reduces nicotine cravings and withdrawal symptoms
- Chantix has success rate of 44%, which is higher than almost all smoking cessation therapies and medications

Side effects of Chantix

This is a very important piece of information and you should be aware of it before you take Chantix. Some of the common side effects of Chantix are as follows:

- Nausea
- Sleeping problems
- Vivid dreams
- Constipation
- Gas
- Vomiting

Availability of Chantix

Chantix is available in many countries but it is known as Chantix only in the US. It is known as Champix in other countries. This is because the FDA found the name Champix too overstated and asked Pfizer to change the name. Both these drugs contain same ingredients and work in same manner, the only difference lies in their name.

You can get Chantix in all leading pharmacies and get it online also. Many people prefer to avail Chantix online, as it helps save them their time, money, and energy.

Why take Chantix for the treatment of smoking cessation?

The answer to this question lies in benefits of Chantix. First, Chantix does not contain nicotine; this gives it an edge over nicotine replacement therapies. Second, the success rate of Chantix is 44%, which is considerably more than these therapies. Third, Champix is twice more effective than Zyban and does not cause serious side effects in most users. All these benefits of Chantix make it a preferred drug for all those who wish to go for smoking cessation.

People, who really wish to give up smoking, should take Chantix for smoking cessation as it increases their chances of success manifolds.

Brief description Find out about the latest smoking cessation drug that increases your chances of success and reduces the problems associated with smoking cessation.